

GRADE ONE EXERCISES. Continued.

3. BROKEN CHORDS. Hands separate. Three note groups. Ascending and descending.
Commence on G and use the same fingering when playing in G Major.

4. LEGATO. SINGING TONE WITH ARM WEIGHT.

- * Strike the note firmly. Lift the weight off the note. Keep well relaxed.
- * Hands separately. Restore natural hand position quickly at this sign *

a) Right hand. ♩ = MM 84

b) Left hand. ♩ = MM 84

5 STRETCHING EXERCISE.

- * Hold the semibreves without forcing fingers or muscles.
- * Ignore note and rest values. Take your time with this exercise. Relax hand and arm muscles.
- * Both hands can be played together when the exercises are well known.

NOTE:- For small hands, change the stretch of the fifth finger and thumb in *any* of the bars.
e.g. Right hand. 3rd bar. A for the fifth finger. A for the thumb.
Left hand. 1st bar. G for the thumb.

a) Right hand.
♩ = MM 50

b) Left hand.
♩ = MM 50

6. CHORDS..

R.H. Use any position of the chord.
L.H. Play the tonic as an octave.
L.H. Play an octave lower if desired.
Small hands. Play a single tonic note.